

Heartsaver® First Aid Online



Heartsaver First Aid Online has been updated to reflect new science in the *2015 American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care* and the *2015 American Heart Association and American Red Cross Update for First Aid*. Heartsaver First Aid Online is the eLearning portion of the Heartsaver First Aid blended learning course and is designed to teach students the cognitive information needed for first aid training. Upon completion of the online portion, students must complete hands-on skills session with an AHA BLS or Heartsaver Instructor.

Resources

Course Resources

To verify a student's completion certificate for the online portion, visit one of the sites below:

For certificates beginning with **IMP** go to: http://elearning.heart.org/verify_certificate

For certificates beginning with **SCI** go to: http://onlineaha.org/verify_certificate

Course Resources

[First Aid Skills Testing Checklist \(PDF opens new window\)](#)

[First Aid Equipment Checklist \(PDF opens new window\)](#)

[Heartsaver Course Roster \(PDF opens new window\)](#)

[Heartsaver Course Evaluation Form \(PDF opens new window\)](#)

[Life is Why™ Activity Page \(PDF opens new window\)](#)

[Statement: Update to Instructions for Use of Epinephrine Autoinjectors 1-7-17 \(PDF opens new window\)](#)

Training Bulletins and Memos

[Training Memo: HS FA CPR AED Blended Learning \(PDF opens new window\)](#) **NEW January 2017**

Course Content

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After successfully completing this course, students will be able to

- List the priorities, roles, and responsibilities of first aid rescuers
- Describe the key steps in first aid
- Remove protective gloves
- Find the problem
- Describe the assessment and first aid actions for the following life-threatening conditions: heart attack, difficulty breathing, choking, severe bleeding, shock, and stroke
- Use an epinephrine pen
- Control bleeding and bandaging
- Recognize elements of common injuries
- Recognize elements of common illnesses
- Describe how to find information on preventing illness and injury
- Recognize the legal questions that apply to first aid rescuers