Heartsaver® Bloodborne Pathogens Online



This online course teaches employees how to protect themselves and others from being exposed to blood-containing materials.

The course is for anyone with a reasonable chance of coming into contact with bloodborne pathogens (BBP), primarily in the workplace.

Course Content

This course is designed to meet Occupational Safety and Health Administration (OSHA) requirements for blood-borne pathogens training when paired with site-specific instruction.

The American Heart Association's course uses the **PACT** acronym (Protect, Act, Clean, Tell) and slogan, "Make a PACT, Know How to Act," to help students learn and easily recall bloodborne pathogens training. Students learn how to:

- Protect themselves from exposure to bloodborne pathogens
- Act when exposed to blood or blood-containing materials in the workplace
- · Clean themselves and the area when exposed to blood-or blood-containing materials in the workplace
- Tell or report any exposure to blood or blood-containing materials in the workplace