## **Structured and Supported Debriefing**



Advanced life support instructors learn how to facilitate an effective debriefing of their students within 10 minutes after a skills practice session.

The course focuses on a learner-centered debriefing model, draws on evidence-based findings from behavioral science, focuses on critical thinking and encourages participants to analyze their performance and motivations. This course is designed for advanced life support instructors, specifically those teaching ACLS and PALS courses. It is also appropriate for basic life support instructors who want to learn advanced debriefing skills.

## **Course Content**

- Active listening
- Creating a supportive environment
- Dealing with obstacles and challenges
- Establishing roles and goals of the interaction
- Generating an accurate record of the events
- Genuine inquiry
- Methods for conducting debriefing
- Organized communication