

**Sample Heartsaver® First Aid CPR AED
Blended Course Agenda
With Optional Lessons Included**

**12 Students, 2 Heartsaver Instructors
Student-instructor ratio 6:1; student-manikin ratio 3:1
Total time: Approximately 2½ hours**

8:00-8:05	Lesson 1: Course Introduction
8:05-8:13	Lesson 1A: Life Is Why Activity (Optional)
8:13-8:33	Lesson 2: Adult CPR AED Part I: Scene Safety and Assessment Part II: Chest Compressions Part III: Giving Breaths Part IV: Use an AED Part V: Putting It All Together
8:33-8:53	Lesson 3: Adult CPR and AED Skills Test
8:53-9:08	Lesson 4: Child CPR AED Part I: Scene Safety and Assessment Part II: Chest Compressions Part III: Giving Breaths Part IV: Use an AED Part V: Putting It All Together
9:08-9:20	Lesson 5: Child CPR Skills Test
9:20-9:35	Lesson 6: Infant CPR Part I: Scene Safety and Assessment Part II: Chest Compressions Part III: Giving Breaths Part IV: Putting It All Together
9:35-9:47	Lesson 7: Infant CPR Skills Test
9:47-10:02	Break
10:02-10:04	Lesson 8: Relief of Choking in a Responsive Infant
10:04-10:34	Lesson 9: First Aid Part I: Removing Protective Gloves Part II: Finding the Problem Part III: Using an Epinephrine Pen Part IV: Controlling Bleeding and Bandaging
10:34-10:36	Lesson 10: Course Conclusion